

# ANTI-BULLYING PLAN 2023

## Oberon High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Oberon High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students and Anti-Bullying Policy in the student Wellbeing document.
Terms 1-4	Positive behaviour for Learning - school wide expectations taught through assemblies/classrooms and rewarded with Benny's Bucks. School assemblies to promote belonging through student engagement.
Term 3	Everyone Belongs Day to coincide with the National Day of Action against Bullying and Violence.
Term 4	Peer Mediation training

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Terms 1-4	Teaching and reinforcing respectful relationship - an introduction to Restorative Practice.
Terms 1-4	Bullying, No Way! classroom resources - faculty based.
Terms 1-4	Read CESEs Anti-bullying interventions in schools - what works - faculty based.

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- \* an executive staff member will speak to new and casual staff when they enter on duty at the school.
- \* staff will be provided with a Wellbeing document, along with a Staff Induction booklet, on their first day on duty at Oberon High School.
- \* the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan       NSW Anti-bullying website       Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
	Wellbeing handbook - highlighting school supports.
	School website, school Facebook and/or school newsletter - general information around supports at school and how not to be a bystander.
	Wellbeing letter home with current programs for students.

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- \* School assemblies and the recognition of positive behaviours through our Benny's Bucks reward system.
- \* School wellbeing programs that have been designed to help build resilience - these are run in Check In classes, and in programs run by our Student Support Officer, Girls' and Boys' Advisor, and our LST staff throughout the year.
- \* Peer mediation training

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Date: 30/5/23.

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